Dressing Preparation

Content
- **Theory:**
  Usage – Dressing is done post operative for the patient to avoid dust, infection and prevent from getting hurt.

- **Materials required for preparing wiper:**
  - Clean round Basin
  - Distilled water

Wiper preparation method
- Pour the distilled water in a basin.
- Immerse the clean pieces of cotton into the water.
- Take a small round ball (marble size) of cotton from the water.
- Roll the cotton into a square shape.
- Take some more cotton and keep it on the square cotton and roll it gently length wise direction so that a clean wiper is prepared.

Practical
- **Dressing tips:**
  - Before preparing the bandage look around and see whether the place is neat and tidy.
  - The paramedic should cut the nails before preparation of bandage.
  - Wash the hands thoroughly with soap and wipe in a clean towel.
  - Spread a clean bed cover and sit on it comfortably.

Cotton preparation method
- Spread a mat in a clean room.
- Take the gauze piece from the packet and spread it on the mat.
- Cut the gauze into nine pieces.
- Take the cotton roll and keep it on the right hand. Keep the cotton into the gauze piece and wrap it tightly.
- Cut the cotton wrapped gauze into 4 rectangular pieces (measurement can be the length of your pointer finger).

NOTE:
- The other wasted cotton pieces could be utilized to prepare small ball of cotton that could be used for wiping the patient’s eye (at the time of instilling drops).
- From 1 roll of cotton 120 cotton bands could be prepared.
Bandage Tying preparing Method

Materials required for preparing Bandage stips:
1. Clean Mat
2. Scissors
3. Bandage roll packet

Method:
- Spread a mat in a clean room
- Take a roll of bandage and fold it into two at forearm measurement
- Trim the ends of the bandage.
- Keep one end long and the other end short and cut to the size of the ear.

Note:
We can prepare 8 strip of bandage from one bandage roll.

Points to remember in preparation of wiper, bandage stipe and bands:
- Right place (where there is less pollution, no people walking here and there)
- Right size / measurement
- Right method