

- *In most of the cases, this disease does not cause vision impairment.*
- *This is a chronic disease. So, self-medication should be avoided.*
- *Powerful medicines, though sometimes give immediate relief, should not be used with out the advice of a doctor, since they can cause vision threatening side effects.*
- *Please consult your eye doctor immediately in case of allergy in the eye.*



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PE/Child/Br/All. Eng-2016-6

# Allergic Conjunctivitis



Allergy is a long term problem

Avoid triggering factors  
such as dust

Follow medication prescribed  
by eye doctors only





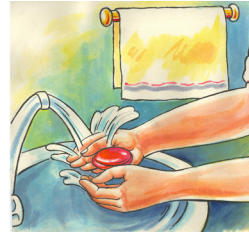
Allergic conjunctivitis occurs when eyes come into contact with an allergen (a substance that causes allergies) like smoke, dust, pollen, animal hair, feathers etc. Individuals who are more susceptible to allergies are at an increased risk of developing allergic conjunctivitis.

### Symptoms

- Redness in the white of the eye and inner side of the eyelid
- Increased amount of tears
- Irritation
- Itching of the eyes
- Ropy discharge from the eyes

### Do's and Don'ts

- Avoid exposure to dust
- Contact lenses which are worn must be removed
- Plain glasses can be worn for protection



Hands and eyes must be washed

Use icepacks on eyelids to reduce itching.



Avoid touching or rubbing the affected eyes

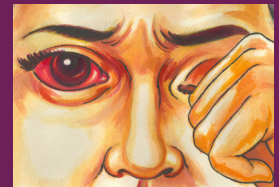


Only anti-allergic medications should be used as instructed by your eye doctor.

Steroid eye drops may be used after consulting and under the strict supervision of a registered eye doctor. Self-medication with steroids may cause an elevation in the pressure of the eye which may result in glaucoma and eventually irreparable vision loss.



Redness



Itching



Watering



Ropy mucus discharge