

Dressing Preparation

Content

• Theory:

Usage – Dressing is done post operative for the patient to avoid dust, infection and prevent from getting hurt.

• Materials required for preparing wiper:

- ❖ Clean round Basin
- ❖ Distilled water

Wiper preparation method

- ❖ Pour the distilled water in a basin.
- ❖ Immerse the clean pieces of cotton into the water
- ❖ Take a small round ball (marble size) of cotton from the water.
- ❖ Roll the cotton into a square shape.
- ❖ Take some more cotton and keep it on the square cotton and roll it gently length wise direction so that a clean wiper is **prepared**.

Practical

• Dressing tips:

- ❖ Before preparing the bandage look around and see whether the place is neat and tidy.
- ❖ The paramedic should cut the nails before preparation of bandage
- ❖ Wash the hands thoroughly with soap and wipe in a clean towel.
- ❖ Spread a clean bed cover and sit on it comfortably

Cotton preparation method

- ❖ Spread a mat in a clean room
- ❖ Take the gauze piece from the packet and spread it on the mat.
- ❖ Cut the gauze into nine pieces
- ❖ Take the cotton roll and keep it on the right hand. Keep the cotton into the gauze piece and wrap it tightly.
- ❖ Cut the cotton wrapped gauze into 4 rectangular pieces (measurement can be the length of your pointer finger).

NOTE :

- The other wasted cotton pieces could be utilized to prepare small ball of cotton that could be used for wiping the patient's eye (at the time of instilling drops).
- From 1 roll of cotton 120 cotton bands could be prepared.

Bandage Tying preparing Method

Materials required for preparing Bandage strips:.

1. Clean Mat
2. Scissors
3. Bandage roll packet

Method:.

- ❖ Spread a mat in a clean room
- ❖ Take a roll of bandage and fold it into two at forearm measurement
- ❖ Trim the ends of the bandage.
- ❖ Keep one end long and the other end short and cut to the size of the ear.

Note:.

We can prepare 8 strip of bandage from one bandage roll.

Points to remember in preparation of wiper, bandage stipe and bands:.

- ❖ Right place (where there is less pollution, no people walking here and there)
- ❖ Right size / measurement
- ❖ Right method